

April and May 2026 Practice Schedule:

All Practices will be held at East Village Park

*Monday, 5/25 practices will be held on Friday, 5/29 in consideration of Memorial Day

Week of:	Leagues 1 and 2 Practice Time:	League 3 Practice Time:	Leagues 4&5 Practice Time:
4/20 – 4/24	5:15 – 6:10pm	6:25 - 7:25pm	No Practices
4/27 – 5/1	5:15 – 6:00pm	6:10 - 6:55pm	7:05 - 7:55pm
5/4-5/8 and 5/11-5/15	5:15 – 6:00pm	6:10 - 7:00pm	7:10 - 8:00pm
5/18-5/22 and 5/25*-5/29	5:15 - 6:05pm	6:15 - 7:05pm	7:15 - 8:10pm

Boys and Co-Ed Teams

Monday	Tuesday	Wednesday	Thursday
L1: Dinos L2: Revolution	L1: Dragons L2: Red Bulls	L1: Wolves L2: Galaxy & United	L1: Lions L2: Crew & Fire
L3: Inter Milan & Roma	L3: AC Milan	L3: Juventus	L3: Fiorentina & Napoli
L4: Arsenal L5: Argentina	L4: Chelsea L5: Portugal	L4: Manchester United L5: Spain	L4: Liverpool L5: USA

Girls Only Teams

Monday	Tuesday	Wednesday	Thursday
L2: Dynamo	L2: Athletic	L2: Rapids	L2: Earthquakes
	L3: Sevilla	L3: Barcelona & Valencia	L3: Real Madrid
L4: Newcastle	L4: Tottenham	L4: Wrexham	L4: Manchester City

June schedule will be announced ~5/18. Week of 6/1 is anticipated to be Family Scrimmage/Team Party Week, Week of 6/8 is anticipated as final Olympics style practice, emergency game rainout makeups (if needed)